

## Unafam Launches Mail Art Contest 2020

### Theme : THE COSMOS

Unafam launches its 6<sup>th</sup> Mail Art contest to raise awareness about mental health. The theme for this year's Unafam Mail Art contest 2020, organized in collaboration with "Musée de La Poste" and "Artame Gallery", is "The cosmos".

Postal art encourages people to express themselves and communicate. This contest is open to everyone: amateurs and professionals, young and old, those living with mental health disorders and those who do not. All forms of mail art are accepted from painting, drawing to sticking.

To take part in the contest please submit an illustrated envelope, which must not exceed 32 cm, it must have a stamp and it should be posted to: **Unafam, 12 Villa Compoint, 75017 Paris, France**. The deadline is **August 31, 2020**

The judges will be made up of members from Unafam, the Musée de La Poste, artists and mutual aid group's subscribers. The contest has a category for children and adults, winners and runners-up will be chosen from these two categories.

Prizes will be presented in in the last quarter of the year at the Musée de la Poste in Paris.

### [Click here to download the registration form](#)

[www.unafam.org](http://www.unafam.org) : *Unafam (Union nationale de familles et amis de personnes malades et/ou handicapées psychiques – National Union for friends and families of the mentally ill and/or disabled people) is a French national association founded in 1963 and recognized for its public utility. Its aim is to support, educate and inform acquaintances, colleagues, friends or siblings of people with mental health disorders and to protect their interests and rights. Unafam currently has more than 15 000 subscribers, 2 000 volunteers, 100 delegations and 300 welcome points across all parts of France.*

For further information please contact:  
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